



## Children's Depression Inventory: Teacher Version (CDI:T)

*Maria Kovacs, Ph.D.*

### Profile Report

<b>Client's Name:</b>	<b>John Sample</b>
Age	12
Gender:	Male
Grade:	0
Test Duration:	1 minute 11 seconds
Administration Date:	April 23, 2004

This Profile Report is intended for the sole use of the test administrator and is not to be shown or presented to the respondent or to any other party.



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## Introduction

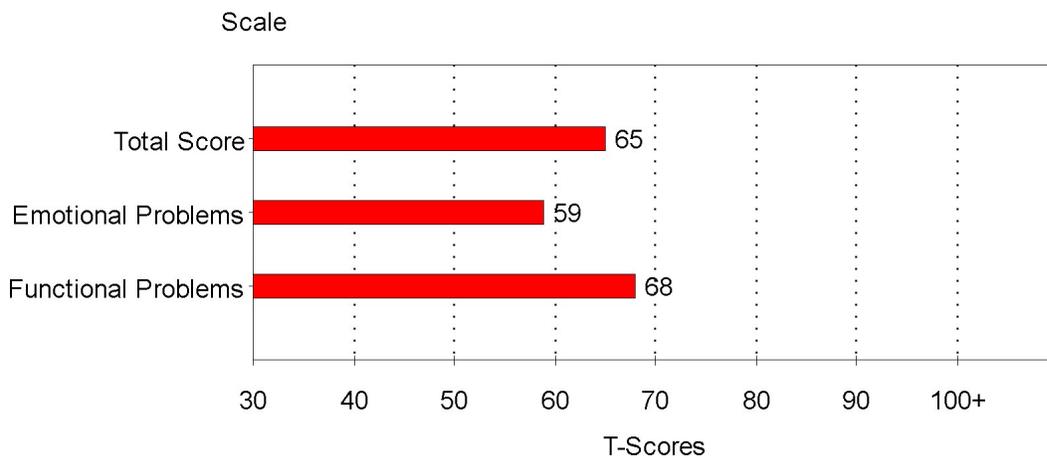
The Children's Depression Inventory: Teacher Version (CDI:T) is a 12-item scale that assesses depression in youths aged 7–17. The CDI:T is useful in the early identification of symptoms and in the monitoring of treatment effectiveness. CDI:T T-scores are based on a normative sample of 631 teacher ratings of youths aged 7–17 and are calculated based on age (7 to 12 or 13 to 17) and gender. This report provides information about the youth's scores and how they compare with the scores of the normative sample of non-clinical individuals. See the CDI Technical Manual (published by MHS) for more information about this instrument and its results.

## Cautionary Remarks

This computerized report is meant to act as an interpretive aid and should not be used as the sole basis for intervention or clinical diagnosis. This report works best when combined with other sources of relevant information (e.g., tests, observations, historical information). The report is based on an algorithm that produces the most common interpretations for the scores that have been obtained. Atypical interpretations must be explored in other ways on a case-by-case basis. The information contained in this report should be treated as confidential.

## CDI:T T-Scores

The following graph provides John's T-scores for each of the CDI:T scales.



## Summary of Scale Scores

The following table summarizes John's scale scores and gives general information about how he compares to the normative group. More interpretive data are provided later in this report.

Scale	Raw Score	T-Score	Guideline
CDI:T Total Score	18	65	Above average
Emotional Problems	4	59	Slightly above average
Functional Problems	13	68	Much above average

## Validity of the Report

The respondent completed the CDI:T in less than one minute, and may not have adequately considered his/her responses.

## Profile Summary

### Elevated Scales

The following scales were significantly elevated (T-scores of 65 or above):

Functional Problems  
Total Score

### Examination of Scale Scores

CDI:T T-scores of 65 or above identify potentially clinically depressed individuals. Lower cut-off values may be more appropriate for situations where an atypically high incidence of depression is expected. The T-score = 65 cutoff should be used as a guideline and not an absolute rule.

#### **Total Score:** T-score=65

John's CDI:T Total Score is in the range usually considered to be of clinical significance.

#### **Emotional Problems:** T-score=59

This subscale measures symptoms that are similar to the ones in the Negative Mood and Anhedonia subscales of the self-report. For teacher evaluations, this subscale reflects symptoms such as the child looking sad, crying or looking tearful, appearing lonely, and looking tired or fatigued.

John's score on the Emotional Problems scale is in the low range, suggesting no evident difficulties.

#### **Functional Problems:** T-score=68

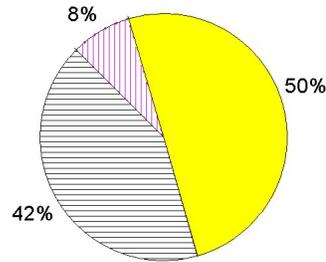
This subscale measures symptoms that are similar to the ones in the Interpersonal Problems and Ineffectiveness subscales of the self-report. For teacher evaluations, this subscale reflects symptoms such as the child not enjoying being with people, being uncooperative, having to push himself or herself to do schoolwork, not enjoying school, having worse performance in school than usual, being cranky or irritable and having disagreements and conflicts with others.

John's score on the Functional Problems scale is indicative of difficulties in the area of Functional Problems.

## Item Response Table

The following response choices were entered for the items on the CDI:T.

Item #	Response
1.	1
2.	0
3.	2
4.	1
5.	2
6.	2
7.	1
8.	1
9.	2
10.	1
11.	1
12.	2



## Comparing Administrations

This section compares Total Scores for the different versions of the CDI. Only administrations completed within the past 2 weeks are included.

Version	Total T-score	Date/Time
CDI:T	T-score = 65	Friday, April 23, 2004, 10:43
CDI:P	T-score = 59	Friday, April 23, 2004, 10:41
CDI:S	T-score = 59	Friday, April 23, 2004, 10:36
CDI	T-score = 50	Friday, April 23, 2004, 10:21

Differences between scores of 0-4 points indicate good consistency between respondents, differences of 5-10 points indicate some divergence, and differences of 11 points or higher indicate marked differences between respondents.

## Integrating Results and Considering Intervention

CDI results must be incorporated with other information before drawing any conclusions. It is recommended that a comprehensive evaluation include direct clinical observation of the youth, information from other relevant assessments, and information about the youth's background, family history, and school adjustment.

Because the results indicate the presence of depressive symptoms, intervention may be warranted. A treatment plan should be developed in concordance with the parents or an appropriate referral should be made if required. There are many possible treatment approaches (including structured and time-limited psychotherapies, and/or pharmacotherapies) and the appropriateness of each one can vary from case to case. The intervention should be individualized, and the goals/targets of each intervention should be clearly specified.

Date Printed: Friday, April 23, 2004

**End of Report**