

# Quality of Life Questionnaire (QLQ™)

Authors: David Evans, Ph.D., Wendy Cope, M.A.

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| PURPOSE             | Measure relationship between a client's quality of life and other behaviours or affiliations |
| ADMINISTER TO       | Individuals 18 and older   |
| ADMINISTRATION TIME | 30 minutes   |
| SCORING OPTIONS     | Hand-scorable/Online   |
| LANGUAGES           | English  |

The Quality of Life Questionnaire is a self-report instrument for adults that measures the relationship between an individual's quality of life and other behaviours or afflictions such as physical health, psychological health, and alcohol or substance use. Assessment results highlight areas that may require change in order to alleviate specific symptoms.

## ASSESSMENT SCALES

Material Well-Being

Personal Growth

Parent-Child Relations

Extramarital Relations

Political Behaviour

Occupational Relations

Creative-Aesthetic Behaviour

Vacation Behaviour

Physical Well-Being

Marital Relations

Extended Family Relations

Altruistic Behaviour

Job Characteristics

Job Satisfiers

Sports Activity

## AREAS OF APPLICATION

The results provided from the QLQ makes it most applicable in clinical and counselling settings.

## SOUTH AFRICAN RESEARCH

Although the QLQ does not have South African norms, JVR Psychometrics welcomes the opportunity to partner with clients in conducting research studies in their organisations.