



Children's Depression Inventory 2™ (CDI 2®)

Author: Maria Kovacks, Ph.D

PURPOSE	To measure depressive symptoms in young persons
ADMINISTER TO	Individuals 7-17 years
READING/EDUCATIONAL LEVEL	Grade 2 (pre-NQF levels)
ADMINISTRATION TIME	15 minutes (28 items)
SCORING OPTIONS	Online
PUBLICATION DATE	2010
HPCSA	Not submitted
TRAINING	None
LANGUAGES	English
SA NORMS	No

The Children's Depression Inventory 2 (CDI 2) quantifies depressive symptomatology using reports from children/adolescents; teachers, and parents. When results from the CDI 2 are combined with other sources of verified information, the CDI 2 can aid in the early identification of depressive symptoms, diagnosis of depression and related disorders and monitoring of treatment effectiveness.

ASSESSMENT SCALES

The CDI 2 measures depressive symptomatology on the following scales:

Scales:

Emotional Problems

Functional Problems

Subscales:

Negative Mood
Ineffectiveness

Negative Self-Esteem
Interpersonal Problems

AREAS OF APPLICATION

The CDI 2 is used by psychologists in both educational and clinical settings to help:

- Support early identification and diagnosis
- Assess self-reported presence and severity of key symptoms of depression, such as a child's feelings of worthlessness and loss of interest in activities
- Development of targeted treatment plans
- Conduct clinical research

REPORT OPTIONS

The CDI 2 has the following software report available:

- **Assessment Report:** provides detailed results from one administration.
- **Progress Report:** provides an overview of change over time by combining results from up to four administrations.
- **Comparative Report:** provides an overview of the child's symptoms from a multi-rater perspective and highlights inter-rater differences in scores from up to five different raters.

SOUTH AFRICAN RESEARCH

JvR Psychometrics welcomes the opportunity to partner with clients in conducting research.